



Cancellation Policy

We do understand that it is sometimes necessary to cancel or reschedule appointments. Therefore, please notify us at least 24 hours before your scheduled time and we gladly reschedule your appointment.

Massage services:

If you cancel within 24 hours of your appointment time, you will be charged 50% of the full price for all scheduled services.

Breathwork services:

If you cancel within 24 hours of your appointment time, you will be charged 50% of the full price for all scheduled services.

Multiple sessions packages (Breath Coaching):

Individual sessions need to be rescheduled within 4 weeks after originally scheduled appointment. If this is not possible, a refund request for this particular session needs to be made immediately or forgo any possible refund.

Classes:

Please contact me at least 24 hours prior to the scheduled class and I will gladly reschedule you for the next available class. Cancellations less than 24 hours or no shows are non refundable.

Note: if you are unable to make the class you also have the option to pass your spot on to a friend. I ask that you